

TECH CONNECT Project

Are you looking to volunteer in your community but aren't sure how or where?

Are you interested in training that will increase your digital skills so you can
VOLUNTEER VIRTUALLY?

The TECH CONNECT project is here to help!

- The TECH CONNECT project is a partnership between INCommunities and Cyber-Seniors that aims to reduce social isolation experienced by seniors during COVID-19 by providing **free** technology training.
- INCommunities is a non-profit organization that has been connecting people to services in Niagara for over 45 years. We are the Volunteer Centre for Niagara.
- Cyber-Seniors is a non-profit organization that connects tech savvy youth to older adult volunteers wishing to learn how to use technology.

Cyber-Seniors' Senior Volunteer Training Program:

- You will be paired with a youth "Tech Mentor" who will provide you with 5 hours of focused training, followed by a minimum of 4 hours of practice (and much more if needed)!
- You will receive unlimited, ongoing support and coaching and the opportunity to connect with other peers 'virtually' who are also doing the training.
- You will develop and sharpen your digital skills and your confidence with technological services and platforms - so you can stay connected!

Spots are filling up fast for this great **FREE** training opportunity so contact us today to register! To learn more, or to register, contact INCommunities Volunteer Connections program by email at volunteer@incommunities.ca or by phone at (905) 682-1900 ext 321.

Please pass this along to a friend or family member who might benefit from TECH CONNECT and this opportunity to stay involved with their community.